



महाराष्ट्र अक्यूपंकचर परिषद, मुंबई Maharashtra Council of Acupuncture



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जा.क्र.मअॅप/CAE Topics/ १८ /२०२५

दिनांक : १०/०१/२०२५



परिपत्रक

विषय : नोंदणीकृत अक्यूपंकचर व्यवसायींच्या निरंतर अक्यूपंकचर शिक्षण योजनेंतर्गत
विषय (Topics) निर्धारित करण्याबाबत . .

महाराष्ट्र अक्यूपंकचर परिषद नियम २०१९ मधील “भाग- ७ नियम ६४ (३)” नुसार प्रत्येक नोंदणीकृत व्यवसायीने त्यांच्या नोंदणीच्या नूतनीकरणासाठी परिषदेने निर्धारित केलेले श्रेयांक तास पूर्ण करणे आवश्यक आहे. त्यासाठी परिषदेतर्फे राज्यात सीएई केंद्रांना मान्यता देण्यात आलेली आहे. या केंद्रामार्फत आयोजित करावयाच्या अक्यूपंकचर विषयांची (Topics) यादी परिषदेमार्फत निर्धारित करण्यात येत आहे. सदर विषयांची यादी (Provisional list) सोबतच्या परिशिष्टा मध्ये नमूद केलेली आहे. त्यात आवश्यकतेनुसार वाढ करण्यात येईल. सीएई सेंटर चालविणाऱ्या संस्थांनी या यादीतील विषय घेऊनच व्याख्याने, कार्यशाळा, कॉन्फरन्सेस इत्यादींचे आयोजन करावे. या विषयांव्यतिरिक्त अन्य विषयांवर सीएई आयोजित करावयाची असल्यास त्यांस परिषदेची पूर्वपरवानगी घेणे बंधनकारक आहे. अक्यूपंकचर व्यवसायी, व्याख्याते, निरीक्षक यांना द्यावयाचे श्रेयांक गुण परिषदेतर्फे ठरविण्यात येतील. संबंधित सीएई केंद्रांनी परिषदेने प्रस्तुत केलेल्या सीएई योजनेअंतर्गत मार्गदर्शक तत्वांचे पालन करणे बंधनकारक आहे.

(नारायण नवले)

प्रबंधक,

महाराष्ट्र अक्यूपंकचर परिषद, मुंबई

Annexure

Provisional CAE Topics Proposed by Maharashtra Council of Acupuncture

1. General Topics (compulsory)

- A) First Aid – Dealing with emergencies, Basic CPR and recovery, Hygiene and hand washing, Respiration choking, suffocation by smoke, Heart and Blood circulation, First aid for Bleeding shock,
- B) Nervous system and unconscious, Stroke, conclusions
Physiological First Aid, First Aid Technique
- B) Complications
- C) Red flags
- D) Precautions while starting treatment centre – Rules & Regulations, recording and maintenance of patient case paper, handling of medico-legal cases

2. Case studies

- 1. Complex Case Studies: In-depth analysis of challenging cases and treatment strategies
- 2. Clinical Pearls: Sharing of practical tips and techniques from experienced practitioners
- 3. Grand Rounds: Presentations of interesting cases and group discussions
- 4. Panel Discussions: Expert panels discussing topics such as pain management, women's health, and mental health
- 5. Q&A Sessions: Open forums for asking questions and sharing experiences

3. Treatment of diseases

- 1. Disease and exact treatment protocols along with aetiology
- 2. Pain Management – techniques for chronic pain, migraine and fibromyalgia etc
- 3. Frozen shoulder
- 4. Cervical spondylitis, Lumber spondylitis, Knee pains
- 5. Insomnia
- 6. Gastric trouble
- 7. Hyperacidity, Constipation
- 8. Infertility, PCOD
- 9. Womens Health - menstrual disorders, infertility and menopause symptoms
- 10. Obesity
- 11. Mental Health –Anxiety, depression and stress management
- 12. Rhinitis, Sinusitis
- 13. Cough, Bronchitis, Asthma
- 14. CNS - Haemiplegia, paraplegia, facial palsy, Trigeminal neuralgia
- 15. Comma
- 16. Sciatica
- 17. Edema pathology as per syndrome differentiations and its treatment
- 18. Diseases causes by Heat and its treatment (Full heat/empty head/latent heat/Yin fire/toxic heat)
- 19. Contravention of Qi

20. Pathologies and treatment of Parkinson's Diseases
21. Pathologies and treatment of Fever
22. Causes and treatment of abdominal pain, sweating

4. Research

1. Acupuncture Research: Overview of current research and its implications for practice
2. Evidence-Based Acupuncture: Critical evaluation of research and its application to clinical practice
3. Safety and Adverse Events: Managing risks and minimizing adverse events in acupuncture practice
4. Integrative Medicine: Acupuncture in the context of Western medicine and interdisciplinary collaboration
5. Practice Management: Business skills and marketing strategies for acupuncturists

5. Modern Medicine

- A. Organisation & homeostasis in human body
 - B. Medical Terminology
 - C. surface anatomy
 - D. Basic Anatomy & physiology
 - E. Cell tissue and their functions
 - F. Blood, its organisation and function
6. All equipment and patient handling related to acupuncture traditional and Modern Medicine (needle, stimulator, laser, blood letting sterilisations, cups, counselling etc)

7. TCM

1. Overview of Philosophy of Acupuncture
2. Five elements theory and its applications
3. ZangFu (Internal) organs and extraordinary organs
4. Vital Substances – Qi, Blood, Essence, Body fluids
5. Channels & collateral theory
6. Etiology
7. Introduction to Diagnostic methods
8. Point categories
12. Principles of points selection
13. Eight Principles and its applications
14. Acupuncture in the context of Western Medicine and interdisciplinary collaboration.
15. Scalp Acupuncture

8. Workshops as per requirement value of practice

1. Cupping Therapy & moxa
2. GuaSha theory and its' applications
3. Plum Blossom theory and it's applications
4. Acupuncture Needling techniques
5. Muscle meridian for Pain Management
6. Auriculotherapy Level 1, 2, 3 ..