

# SYLLABUS FOR CONDUCTING TEST OF PRACTICING ACUPUNCTURISTS

## Chapter No. Chapter Name

### **1. Fundamentals of Acupuncture-**

Common definitions-  
Acupuncture Point, Meridian,  
Deqi, Qi, Cun, Tonification,  
Sedation, P.S.C. (Propagated  
Sensation along Channel)

Theories of Acupuncture -  
Theory of Yin & Yang  
Five Element Theory  
Organ Clock Theory  
Zang-Fu theory

Actions of Acupuncture

Indications, Limitations, Contra -  
indications, Precautions &  
Complications

Cun & Proportional measurement

Various modes of Acupuncture point  
stimulation Acupuncture, Electro-  
Acupuncture, Moxibustion, Cupping, LASER  
puncture, T.E.N.S., Plum Blossom therapy,  
Embedding therapy , Acupressure etc

## 2. Anatomy of Acupuncture

Introduction to Human Anatomy

Surface anatomy

Locations and indications of Commonly used points of Meridians

Lung Meridian( 1,5,6,7,9 )

Large Intestine Meridian( 4,11,15,20 )

Heart Meridian( 3,5,7 )

Small Intestine Meridian( 6,9,18, 19 )

Pericardium Meridian( 6,7 )

Sanjiao Meridian( 3,5,6,14,17,21 )

Stomach Meridian

(3,4,6,8,21,25,30,32,34,36,38,40,41,44

Spleen Meridian( 6,9,10,15)

Urinary Bladder Meridian

(2,11,13,15,23,25,36,37,40,57,60 )

Kidney Meridian ( 3,5,7 )

Gall Bladder Meridian

(8,14,20,21,30,31,34,37,39,43 )

Liver Meridian ( 2,3,8 , 14 )

Du Meridian ( 3,4,11,14,20,26 )

Ren Meridian ( 3,4,5,6,8,12,14,17,22 )

Extra points (1,2,6,7,8,17,21,28,32,33,36)

Un numbered extra points ( Tanner, Bipay, Neima, Weima, Dingchan )

## 3. Acupuncture Therapeutics-

Types & uses of Acupuncture Points

Alarm points ( Mu Front & Bach Shu ), Jingwell, Yuan Source, XiCleft, Distal, Influential, Luo-Connecting,

Horary, Mother, Son, Four gates etc

Principles of Acupuncture point selection

Treatment of common disorders treated by acupuncture –

Cervical & Lumbar spondylosis, Prolapsed intervertebral disc, Ankylosing spondylosis, Backache, Sciatica, Knee pain, AVN, Heel pain, Restless leg syndrome, Rheumatoid arthritis, Gout, Frozen shoulder, Carpal Tunnel syndrome

Bell's Palsy, Hemiplegia, Paraplegia, Quadriplegia, Wrist drop, Foot drop

Constipation, Hyperacidity, Indigestion & flatulence

Epilepsy, Cerebral palsy, Mental retardation, Parkinsonism, Cerebellar Ataxia, Writers cramps, Headache, Migraine

Myopia, Optic atrophy, Deafness, Tinnitus, Meniere's syndrome

Bronchial Asthma, Rhinitis, Exertional dyspnoea

Obesity, Hypermelanin pigmentation, Alopecia, Acne

PCOD, Menstrual disorders, Infertility, Menopause syndrome

Erectile dysfunction, Premature ejaculation, Male infertility

Eczema, Urticaria, Psoriasis, Leucoderma

Urinary disorders

### **Examination-**

Only multiple choice questions .

50 questions, 2 marks each, Time 2 hours.

Paper setting-

<b>Subjects</b>	<b>Marks</b>
Fundamentals of Acupuncture	20
Anatomy of Acupuncture	40
Acupuncture therapeutics	40

Total marks 100

Minimum marks for passing 40 %